



INTERCHANGE PLAYERS

Record of Substitutions – 20 _____

Grade _____

RD: _____ Vs _____

Time	Qtr	Jumper # ON	Jumper # OFF	Red Card, Yellow Card, Stretcher OFF	Quarter Break - #'s OFF	Yellow Card, Stretcher ON

RED CARD - Player sent from the ground for Remainder of the Match with Replacement Player permitted on the ground after 20 minutes.
YELLOW CARD - Player sent from the ground for 15 minutes of Actual Playing Time with No Replacement Player permitted. 2nd YELLOW CARD against a Player shall be treated as a RED CARD.
STRETCHER - Player taken from the ground on a Stretcher must not return until 20 minutes of Actual Playing Time has elapsed and granted Medical Approval. Replacement Player permitted.

** Any changes to the Record of Substitutions must be initiated by both home and away timekeepers. Any changes not initiated by both parties will be deemed illegitimate.*

Continue Interchange details for this match on a new sheet.